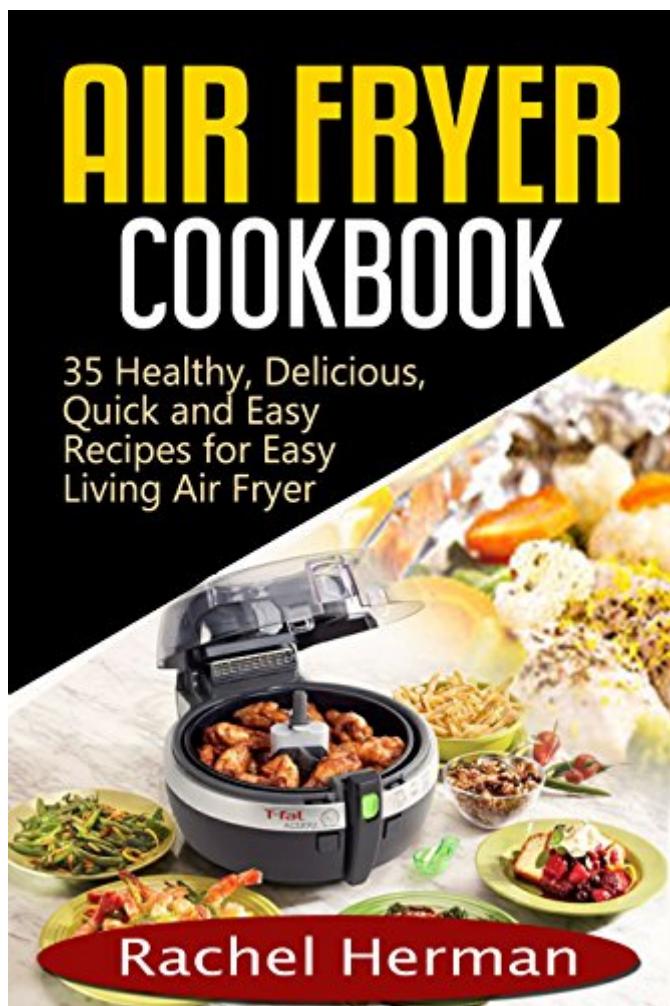


The book was found

Air Fryer Cookbook: 35 Healthy, Delicious, Quick And Easy Air Fryer Recipes For Easy Living



Synopsis

Are you interested in saving time in the kitchen? Do you want to spend less money on food and have a better lifestyle at the same time? Well the good news is that you can. With the Air Fryer Cookbook: 35 Healthy, Delicious, Quick and Easy Air Fryer Recipes for Easy Living you'll be introduced to a range of tasty recipes which are easy to make and healthy too. With a range of fabulous ideas, you'll never be stuck for something quick and delicious ever again, with recipes such as; Creamy bacon quicheAsian style chickenLava cakeRice and bacon bell peppersMacaroni cheeseMeatballsBreaded fishAnd much more! There are even recipes for desserts, so you'll be able to treat yourself from time to time as well. The Air Fryer Cookbook was designed specifically for people just like you, so that you can spend less time cooking and more time relaxing with family and friends. And still stay healthy at the same time. Get your copy of this amazing book now and start a new and healthier lifestyle today.

Book Information

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Customer Reviews

Most of these recipes do not need an Air Fryer; they can be made with less trouble conventionally, like the spaghetti sauce. Other recipes are confusing, like the one for a bacon quiche; there are 2

contradictory instructions for using the butter in a crust. Also, the instructions for the cheese bewildered me- what goes in the crust? what in the quiche? The recipe for tater tots looks tasty, but the illustration shows tots without a bacon wrap as the recipe calls for, so it not an illustration of that recipe. Similarly, the recipe for "Pumpkin Spice Pancakes" shows a picture of regular pancakes... but the recipe has NO ingredients, and the instructions seem to call for frozen puff pastry, which does not lead to pancakes as depicted. The Spicy Mexican-inspired Chicken, on the other hand, has a long list of ingredients but NO instructions on turning this into a finished dish. To summarize: I do not think there is any recipe in this cookbooks that could not- given ingredients and/or instructions- be more easily made using another appliance, like a pan on the stove. Most recipes were, as written, either incomplete or confusing. I do not see any point to this cookbook. The best that I can say about it is SLOPPY.

Tennessee author/chef Rachel Herman is an avid cook who likes simple flavors and easy-to-make meals. She cooking on open fires and barbecue grills, but she also loves to create slow cooker meals, and uses her favorite cooking tools in her kitchen, the cast iron pans, and Dutch oven. Rachel is a part-time writer of cookbooks, sharing her love of food, her experience, and her family's secret recipes. In her sparky Introduction Rachel sets the mood for her book: "Do you want to start a new lifestyle? Are you wanting to save more precious time in the kitchen? Are you wanting to drastically reduced the amount of money you spend on food? Please allow us to introduce you to the answer to these problems and much more. We are going to give you some simple, tasteful, and very healthy recipes that can be made easily with an Air-Fryer. Today, many people struggle on what to eat for better health and how to cook it. With this modernized kitchen appliance, it will make such decisions drastically easier. This recipe collection includes everything from breakfast to dinner to even deserts. You will find that these recipes are purely exciting and will surely inspire you to create even more of your air-frying recipes." Rachel then offers some truly delicious recipes for the air fryer method of healthy food, well considered ingredients and each of her recipes is accompanied by a color photograph of the expected end product as well as cooking time, servings, ingredients and instructions. A few of the recipes included are Asian Style Chicken, Banana Bread, Breaded Chicken, Buffalo Chicken Wings, Coconut Crusted Shrimp, Lava Cake, Spicy Potatoes, Cheese Stuffed Potatoes, Rice and Bacon Bell Peppers, Meatballs, Turkey Sandwich, Tater Tots, and many more. This is a feast of easy to prepare very tasty and healthy recipes." produced in the fast way! Grady Harp, July 17

We enjoy eating and are concerned with cooking in a healthy manner and have an air cooker. We have our favorites but keep reading cookbooks to get new recipe ideas. The first recipe we tried was the 'Cinnamon Roasted Cashews' but we did the recipe with pecans from the tree in our back lot. They were so good! And we will be looking for a deal on some cashews so we can try it on them too. I also thought about doing the recipe with half cashews and half pecans for another choice. The second recipe that my husband loved was the 'Spicy Potatoes'. He loves his food with lots of hot spice so this was a great recipe for him. I enjoyed the breaded 'Mozzarella Sticks', which he couldn't eat due to a food allergy but it fixed them for me with I said they sounded so good and they were. We have had Air Fryer Cookbook: 35 Healthy, Delicious, Quick & Easy Recipes for Easy Living a few days and look forward to experimenting and using more of the recipes in the future.

I fond of cooking so this book is very interesting and informative for me. There are a lot of tasty recipes which are easy to make and healthy. The instructions are very detailed. Now, with all these recipes, I don't need to worry about what to cook for my family. This book is written clearly and easily. Anyone interested in air fryers should definitely check this book out.

I am a great fan of air fryer device from the beginning of using it its a great experience to the chance to use this device and the recipes provided in this book makes it much better. This book provided a wide range of ingredients in its 35 recipes that will easily bring a nice charm to any kitchen and cookers mind. They are delicious too.

How great is this cookbook! Lots of good recipes using common ingredients. The Air Fryer Cookbook: 35 Healthy... is a comprehensive guide to air fryers, with instructions and warnings about how to use it. This is a great alternative to cooking healthy. I really recommended this cookbook if you have an Airfryer

The information I receive in this book is really so helpful. I love my air fryer and these recipes are great. I also can use the tips and ideas to adjust some of my favorite long time recipes from baking in oven and heating up the entire kitchen to utilizing the air fryer. Looking forward to using even more.

Interesting Air Fryer Cookbook i must admit. This book has all it takes to make you a great cook, I

learnt few steps on various ways on how to prepare some delicious recipes. This book is a guide and its also instructive on how to go about it. Thanks to the Author for his lovely guide.

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